

# Emotional Maturity in Relation to Locale and Gender of College Students of Sri Ganganagar

## Abstract

Human personality is greatly influenced by mental health. The role of emotional maturity in human is very important as it plays role not only in the lives of individual, but also in the life of societies. Education helps in developing emotional maturity in all ages of life. Education enables them to tackle their emotions according to the situations. Thus education functions to train students to solve their personal, social and economic problems. The level of emotional maturity among students plays an important role in their life. The process of maturation and learning plays effective roles in the human life.

**Keywords:** Emotion, Emotional Maturity, College students, Rural and Urban, Male and Female.

## Introduction

Education is ever widening concept ever since the dawn of civilization. Today the entire world is convinced that education is the gateway to advancement. It is rightly regarded as key to national prosperity and welfare. Education in real sense is to humanize humanity and to make life progressive cultured and civilized. It is through education that man develops his thinking and reasoning, problem solving and creativity, intelligence and aptitude, positive sentiments and skills, good value and attitudes. It is through education that he transformed into human, social, moral and spiritual being.

## Emotion

Emotions play a significant role in human life. Each and every individual have feelings and emotions, which starts from cradle and ends in grave. In every activity that we perform, we feel pleasure and pain. It enable the organism to cope up with different -different situations, which demands efforts to succeed. Emotions play an important role in every person's social life. Physical and mental health of a person depends to a large emotions extent on person's emotional expression.

According to C.V Good, "Emotions means response to a stimulus resulting in physiological change with high degree of feeling". According to crow & crow, "Emotions is an effective experience that accompanies generalized linear adjustment and mental and psychological stirred up states in the individual and that shows itself in his over behavior."

## Emotional Maturity

This is a state or condition of having reached on adult level of emotional development and therefore no longer displaying, Emotional patterns appropriate to children. Besides attaining maturity in terms of his physical and mental development, an adult should also demonstrate adequate maturity in term of his emotional development. In other words, he must be emotionally mature and must exhibit it in his behavior. The term emotional maturity often carries with it the implications of emotional control. Most adult experience the same emotions as children but suppress or control them better, particularly in social situations.

## Need and Importance of the Study

Today is the era of modernization with the rapid development in all walks of life problems have also multiplied in that proportion. The rapid urbanization and industrialization has made man's life busy and fast. The modernization which is result of urbanization, ultra-modernization, fashion and industrialization causes many problems such as stress, depression, anxiety and emotional disturbance. The present era have witnessed the importance of emotional maturity more especially in the harmonious development of the child. The emotional maturity becomes an importance



**Shankar Lal Nayak**

Assistant Professor,  
School of Education,  
Central University of Haryana,  
Haryana

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part in the behavior of individuals. Emotional maturity is influenced by interest, aptitude, self-concept and academic achievement. A student must have such strong emotion, so he can adjust with stress and strain of modern era. As the students are the pillars of the future generation, so their emotional maturity is vital one. So the present study intends to measure the emotional maturity of college students that's why investigator has decided to work on this topic.

### Review of Literature

Wani M, Masih A; (2015) Find in the study revealed that only 9% university students are extremely stable, 16% are moderately stable, 54% are unstable and 21% of the university students are extremely unstable. The large segment of the university students is emotionally unstable.

Gohil, Dipsangbhai G. (2015) Find in his study that no significant difference among University students with respect to their level of Emotional maturity and also no significant difference among the Emotional maturity with respect to male and female but find significant difference among the Emotional maturity with respect to their Game type and sex.

Lal, Krishan; (2014) Find in his study that the male adolescents are different on emotional maturity as compared to female adolescents. Female adolescents are higher on self confidence in comparison to male adolescents.

Roja M. Panimalar, Sasikumar N., Fathima M. Parimala (2013) Find in the study that significant difference between male and female students of higher secondary course in respect to their Emotional Maturity and also significant difference between rural and urban area residence students of higher secondary course in respect to their Self-Concept but find no significant difference between rural and urban area residence students of higher secondary course in respect to their Emotional Maturity.

Prabjot (2004) studied emotional maturity in relation to family environment and gender of school going adolescents and concluded that family environment plays a critical role in emotional maturity.

Katyal (2003) in her study on self-confidence in relation to emotional maturity revealed that there is a significant relationship between self- confidence and emotional maturity of secondary school students (both boys and girls).

Chaudhary and Bajaj (1993) Finding in own study the Emotional Maturity as correlate of mental

health of adolescents staying at home and orphanage.

Arya (1984) in his study Emotional Maturity and value of superior boys and girls did well in Emotional Maturity test superior intelligence showed a high related with Emotional Maturity.

### Statement of the Problems

Emotional Maturity In Relation to Locale and Gender of College Students of Sri Ganganagar.

### Objectives of the Study

Specific objectives of the present study were framed as under:-

1. To study the emotional maturity of male and female college students.
2. To compare the emotional maturity between urban male and urban female college students.
3. To compare the emotional maturity between rural male and rural female college students.
4. To compare the emotional maturity between urban males and rural males college students.
5. To compare the emotional maturity between urban females and rural females college students

### Hypotheses of the Study

On the basis of the objectives of the study. The following hypothesis were framed for investigation.

1. There exist no differences of emotional maturity between male and female of college students.
2. There exist no differences of emotional maturity between urban male and urban female of college students.
3. There exist no differences of emotional maturity between rural male and rural female of college students.
4. There exist no differences of emotional maturity between urban male and rural male of college students.
5. There exist no differences of emotional maturity between urban female and rural female of college students.

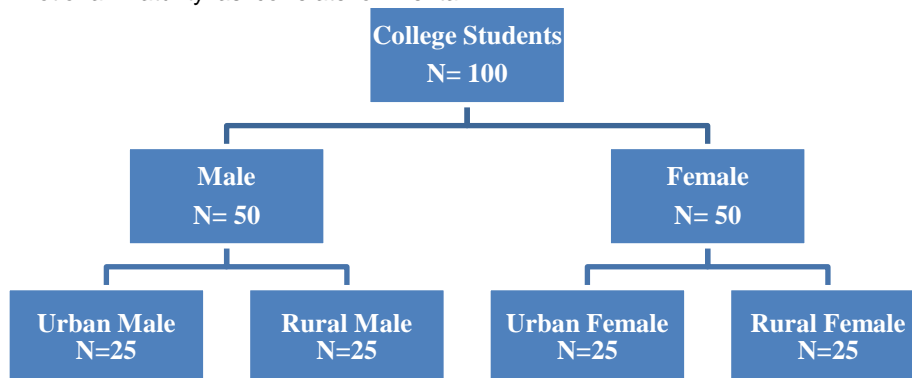
### Design of the Study

#### Method

Descriptive survey method was used for the present study

#### Sample

The study was conducted on the sample of 100 students drawn from different college on basis of random sampling technique.



**Delimitation of the Study**

This study is delimited to the Sri Ganganagar district, Rajasthan. This study is considering the college students only.

**Tool**

Emotional maturity scale by **K.M. Roma Pal**

**Statistical Techniques**

Following techniques was used for interpretation of data:

1. Mean,
2. S.D.
3. t-ratio

**Analysis of Data**

S. No.	Table	Group	N	Mean	Mean dif.	S.D	C.R	Level of significance
1.	Significance of difference in emotional maturity between male and female.	Male	50	140.6	1.6	34.1	1.17	Not significant at 0.05 level.
		Female	50	139		34		
2.	Significance of difference of emotional maturity between urban male and urban female.	Urban Male	25	139.8	0.32	27.1	0.02	Not significant at 0.05 level
		Urban Female	25	140.12		24.8		
3.	Significance of difference in emotional maturity between rural male and rural female.	Rural male	25	141.4	6.4	22.2	0.99	Not significant at 0.05 level
		Rural female	25	135		23.3		
4.	Significance of difference in emotional maturity between urban male and rural male.	Urban male	25	139.8	1.6	27.1	0.22	Not significant at 0.05 level
		Rural male	25	141.4		22.2		
5.	Significance of difference in emotional maturity between urban female and rural female.	Urban female	25	140.12	5.12	24.8	0.75	Not significant at 0.05 level
		Rural female	25	135		23.3		

**Conclusion**

A study was conducted on given sample and statistical techniques were used to examine the data; the results are given below:-

1. There exist no differences of emotional maturity between male and female of college student.

As shown in table 1 mean score on emotional maturity were found to be 140.6 for male and 139 for female. The critical ratio of 1.17 was found to be insignificant. Thus indicating that there exist no difference of emotional maturity between male and female.

2. There exist no differences of emotional maturity between urban male and urban female of college students.

As shown in table 2 mean score on emotional maturity were found to be 139.8 for urban male and 140.12 for urban female. The critical ratio of 0.02 was found to be insignificant. Thus indicating that there exist no difference of emotional maturity between urban male and urban female.

3. There exist no differences of emotional maturity between rural male and rural female of college students.

As shown in table 3 mean score on emotional maturity were found to be 141.4 for male and 135 for female. The critical ratio of 0.99 was found to be insignificant. Thus indicating that there exist no difference of emotional maturity between rural male and rural female.

4. There exist no differences of emotional maturity between urban male and rural male of college students.

As shown in table 4 mean score on emotional maturity were found to be 139.8 for male and 141.4 for female. The critical ratio of 0.22 was found to be insignificant. Thus indicating that there exist no difference of emotional maturity between urban male and rural female.

5. There exist no differences of emotional maturity between urban female and rural female of college students.

As shown in table 5 mean score on emotional maturity were found to be 140.12 for urban female and 135 for female. The critical ratio of 0.75 was found to be insignificant. Thus indicating that there exist no difference of emotional maturity between urban female and rural female.

**Suggestions for Further Studies**

The present investigation is an attempt to explore a field which had scope for an immense amount of pioneering work. Further research can be conducted on following basis-

1. The present study has been conducted only on 100 students. The same study can be conducted on large samples.
2. The present study was restricted to Sri Ganganagar district only. It can be further extended to other districts and states.
3. This type of study can be undertaken at the school and university level also.
4. The present study can be planned to investigate emotional maturity in relation to mental hygiene, academic achievement and adjustment etc.

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